

Sant Dnyaneshwar Mahavidyalaya
Department of Physical Education & Sports

Program Specific Outcome

1. This subject helps the students to understand the values and ethics of life and personality development.
2. This subject helps them to know about health aspects and maintain good health and fitness for higher achievements in sports.
3. The students can better understand the importance of physical education by studying the history.
4. The subject helps the students to understand the psychological aspects include in sports for good performance.
5. Study of this subject helps the students to know more about the human body which helps him for higher level of sports achievements and adopt training method.
6. The students are able to better understand the body movement in sports and the body mechanism for higher achievements.

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HOD
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